**Anger—Part Two**

1. **Review**
   1. What is anger?
   2. When is anger right? Wrong?
2. **Where does anger come from?**
   1. Image of God – a proper sense of justice

Compare Genesis 1:26 with Psalm 89:14

* 1. Sinful heart (image of Satan)

Compare Matthew 15:19 with John 8:44

* 1. Anger as a gracious indicator

Your anger reveals a problem in your heart that only the Lord can heal. God allows provocations in order to make you see that you need Him.

1. **Unhelpful and dangerous beliefs about anger**
   1. Anger is something inside of me
   2. I need to forgive myself (stop being angry with myself)

You cannot forgive yourself; you can only receive forgiveness.

* 1. My anger is *caused* by something or someone

Provocations to anger are not causes.

Mark 7:20-23 (compare with 1 Peter 1:22)

1. **What is the source of quarrels and conflicts? James 4:1-5**
   1. Good desires/bad desires
   2. The progression of anger:

I want it I need it I deserve it I’m not getting it I’m angry!

I want it I need it You owe it to me You’re not giving it to me I’m angry!

* 1. Planting idols in the heart (vv 4-5)

1. **Identifying our idols**
   1. What kinds of things provoke you to anger?
   2. What are you wanting when you get angry?
   3. Why do you want it?

Do you see that you are loving this more than you are loving God, His provisions, and people.