

“Blessed are the meek”

“Blessed are the meek, for they shall inherit the earth.”

1. What is the blessing promised to those who are meek?
 - a. Continue to review the 7 blessings promised in the Beatitudes (v 3-10).
 - b. Continue to review how these compare to the way we often think of “blessing.”
2. Discuss common understandings of “meekness”.
 - a. How do we generally think of meekness? Is this a positive quality in our culture?
 - b. How have you thought of meekness? List words or ideas that come to mind.
3. Read Matthew 11:29. How does Jesus describe Himself? [Some versions use the word “gentle” instead of “meek”, but it is the same idea.]
 - a. How did Jesus’ life on earth compare to common understandings of meekness?
 - b. Share examples from Jesus’ life that demonstrated strength, courage, etc.
4. Meekness is best understood as a gentle disposition even when being provoked.
 - a. Discuss ways in which Jesus would have been provoked by others.
 - b. How did Jesus respond to these provocations? The following are some examples: Matt. 22:35f; 26:48f; 27:12f ; Luke 23:33-34.
 - c. How do these responses display meekness?
5. How are you tempted to respond to people when they provoke you?
 - a. How do you justify your reactions?
 - b. What do these reactions and justifications reveal about your heart?
 - c. How might your reactions change if you remembered your own poverty of spirit?
6. Read 1 Peter 2:23.
 - a. Discuss what was being done to Jesus.
 - b. Discuss his reaction.
 - c. Why was He able to react this way? What was He thinking about?
 - d. What does this teach you about Jesus? About God?
 - e. What would change in your world if you began responding as Jesus did? What will that take?
7. What is an inheritance? What will the meek inherit?
8. Read Psalm 16.
 - a. How does this Psalm describe the Lord?
 - b. How does the Psalmist respond to the Lord?
 - c. What are the promises made in this Psalm?
 - d. How might this help you think about what your inheritance will be?
9. In what ways have you been most challenged as you’ve thought about meekness? How have you been encouraged?