

## Session 10

### Opening Discussion

A) Why might we struggle to apply gentleness in our relationships, especially when trying to restore people caught in sin?

B) If we are going to help carry people during their times of trouble, what does it require?

### Bible Reading

- Galatians 6:1-2

### DVD

### Key Points

a) When people are caught in sin, we need to gently restore them in order to avoid doing further damage. We do this as we watch our own hearts, knowing that like them, we are people in need of help.

b) We are called to help carry other people through the daily trials and sufferings of life. We can only do this as we die to our own plans and comforts.

### Discussion Questions

1) What is the difference between a wrecking ball response and a gentle response when it comes to helping to restore people? What could be the consequences of a wrecking ball response?

2) How does an understanding of our own sin and our own need of grace help us to minister more effectively to other people? What temptations might we face when ministering to others?

3) What might it practically look like to help carry someone during a time of restoration? What might keep us from carrying others?

### **Personal Application**

A) In your own life, has there been a time when you displayed a wrecking ball response to another person? What were the consequences of this moment and what can you learn from this experience?

B) We all have moments of self-righteousness, especially when it comes to our relationships. What will you practically put in place in order to help avoid such moments?

C) Is there someone in your life right now that you could help carry through a difficult trial or a time of restoration? How will you do this and how will this ultimately draw you closer to Christ?

### **Further Bible Study**

- Luke 9:23-27, Luke 14:25-35