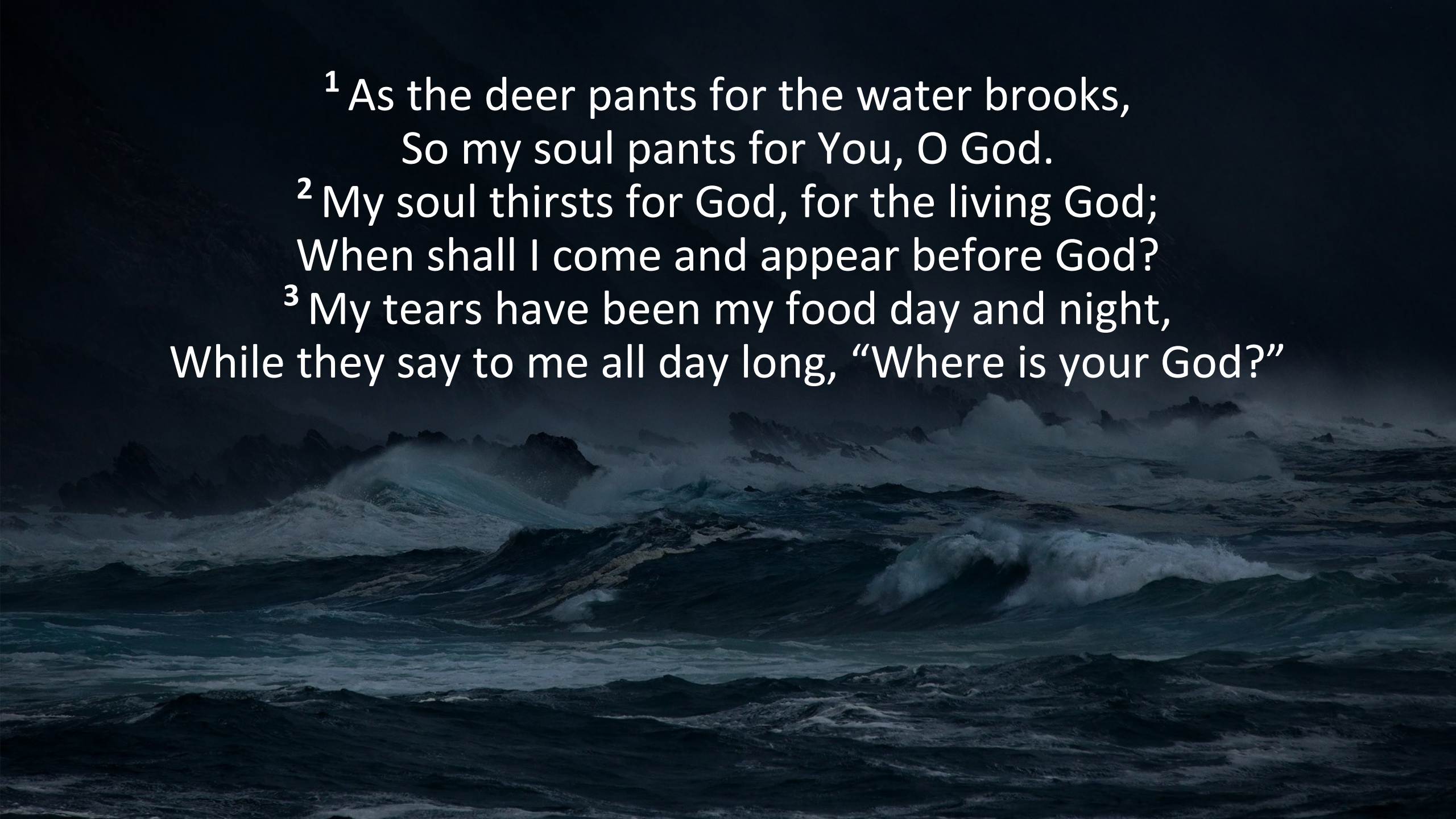


# Deep Sorrows Call To Deep Mercy

Part One

Psalm 42:1-7





<sup>1</sup> As the deer pants for the water brooks,  
So my soul pants for You, O God.

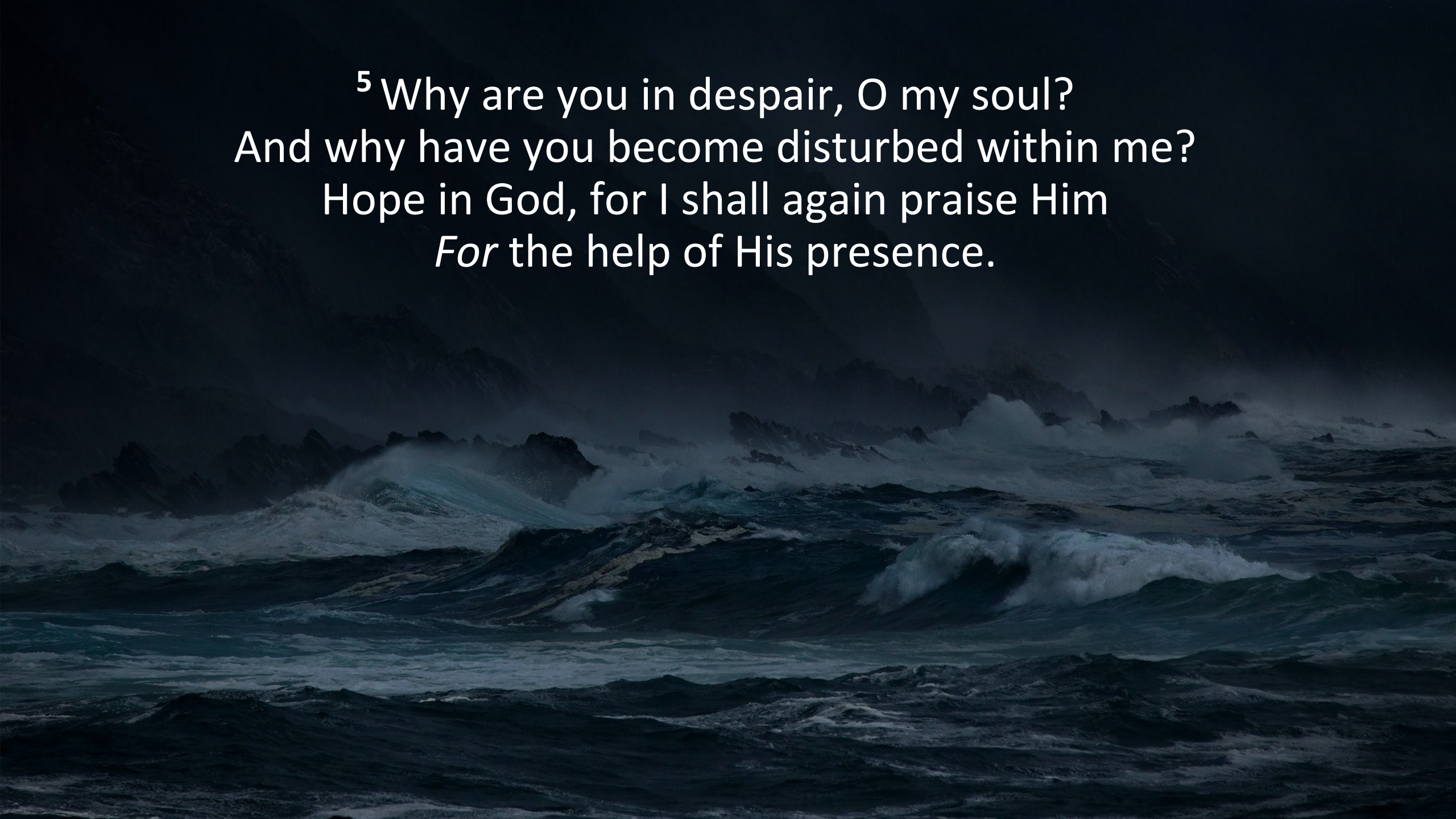
<sup>2</sup> My soul thirsts for God, for the living God;  
When shall I come and appear before God?

<sup>3</sup> My tears have been my food day and night,  
While they say to me all day long, “Where is your God?”

<sup>4</sup> These things I remember and I pour out my soul within me.  
For I used to go along with the throng  
and lead them in procession to the house of God,  
With the voice of joy and thanksgiving, a multitude keeping festival.



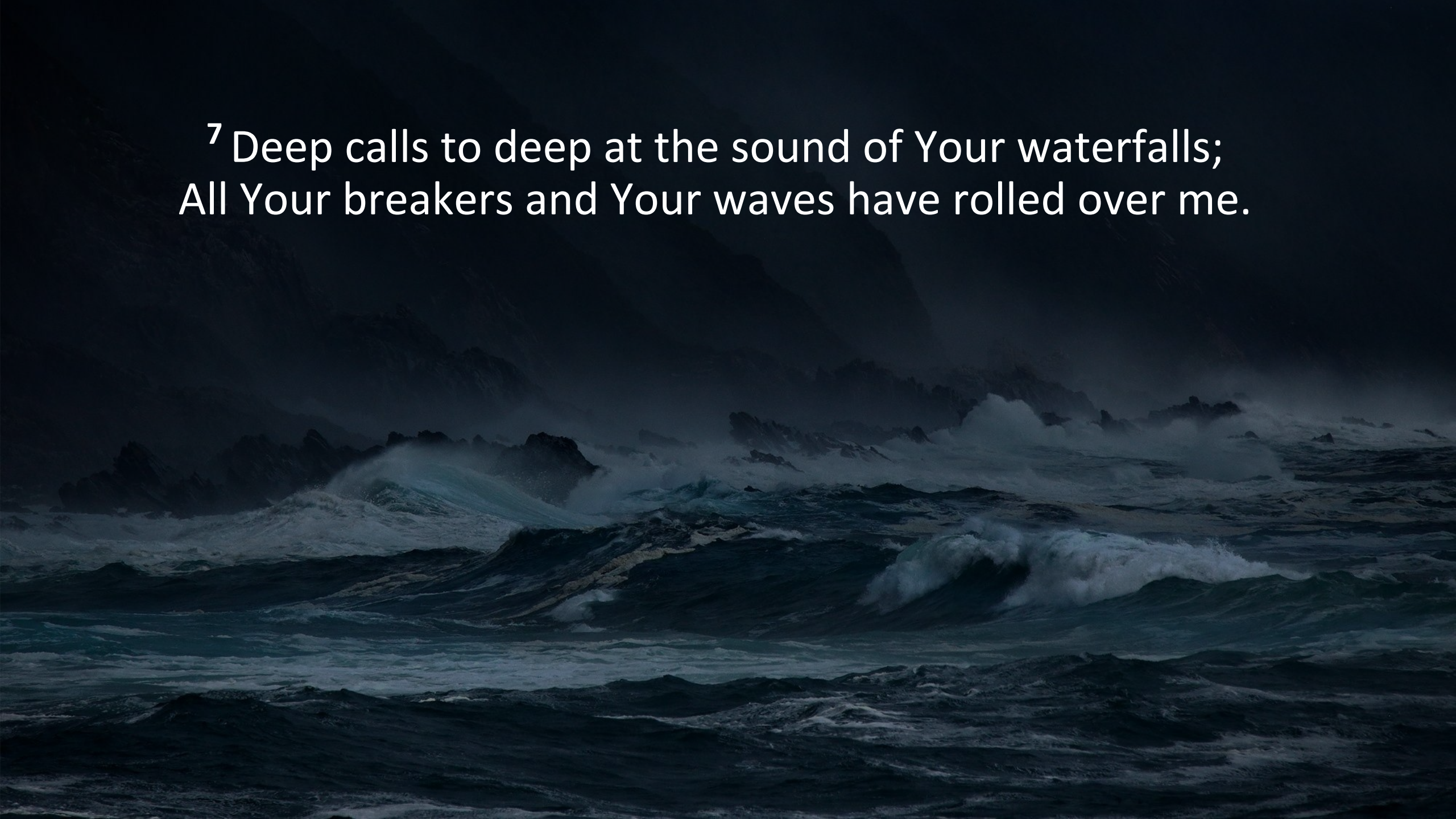
<sup>5</sup> Why are you in despair, O my soul?  
And why have you become disturbed within me?  
Hope in God, for I shall again praise Him  
*For the help of His presence.*



<sup>6</sup> O my God, my soul is in despair within me;  
Therefore I remember You from the land of the Jordan  
And the peaks of Hermon, from Mount Mizar.



<sup>7</sup> Deep calls to deep at the sound of Your waterfalls;  
All Your breakers and Your waves have rolled over me.



<sup>8</sup> The Lord will command His lovingkindness in the daytime;  
And His song will be with me in the night,  
A prayer to the God of my life.



<sup>9</sup> I will say to God my rock, “Why have You forgotten me?  
Why do I go mourning because of the oppression of the enemy?”  
<sup>10</sup> As a shattering of my bones, my adversaries revile me,  
While they say to me all day long, “Where is your God?”





<sup>11</sup> Why are you in despair, O my soul?  
And why have you become disturbed within me?  
Hope in God, for I shall yet praise Him,  
The help of my countenance and my God.



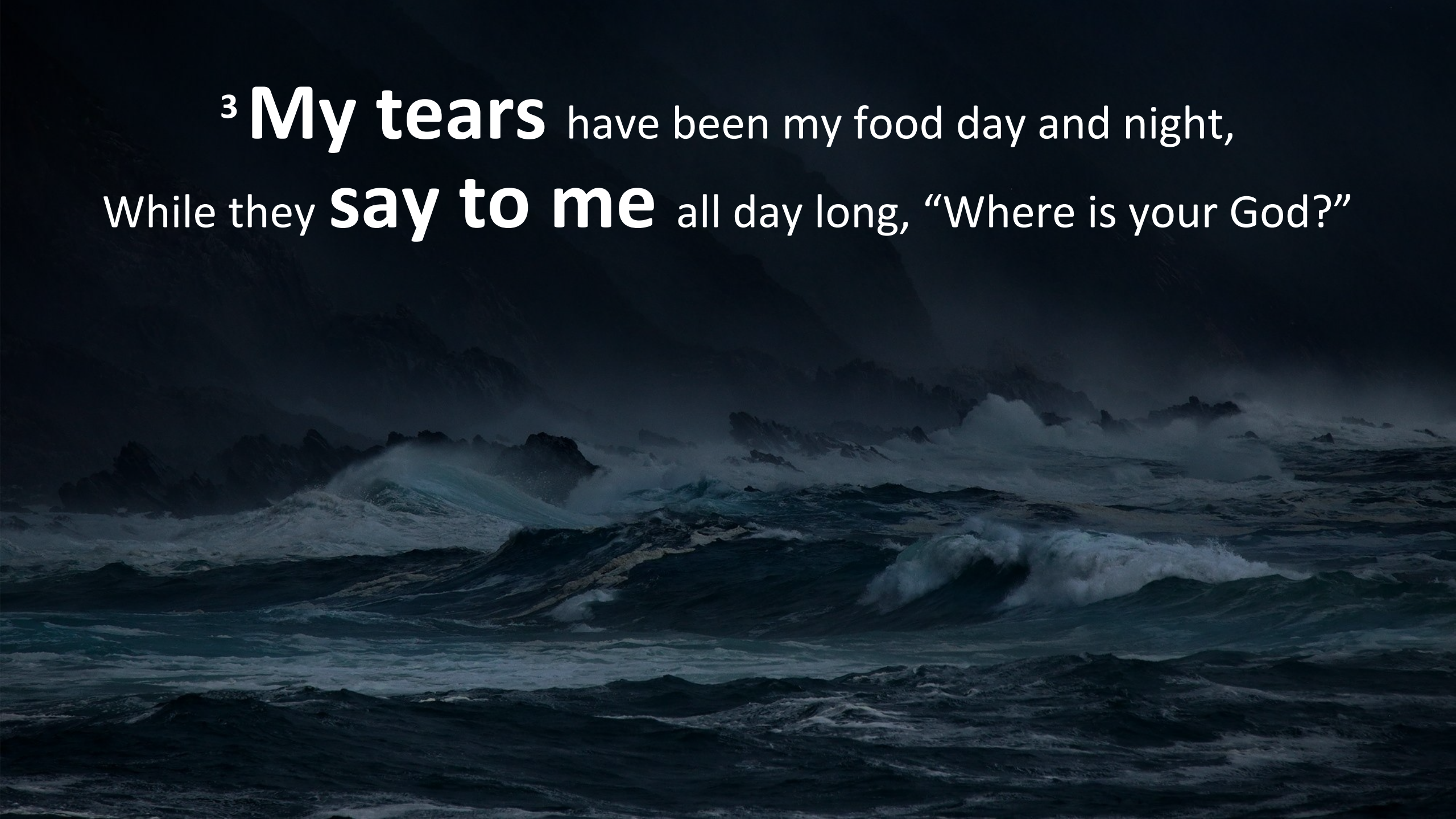
<sup>1</sup> As the deer pants for the water brooks,  
So my soul pants for You, O God.  
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When shall I come and appear before God?



<sup>3</sup> My tears have been my food day and night,  
While they say to me all day long, “Where is your God?”



<sup>3</sup> **My tears** have been my food day and night,  
While they **say to me** all day long, “Where is your God?”



Feeling separated from God and abandoned by Him is a common experience for many genuine believers.

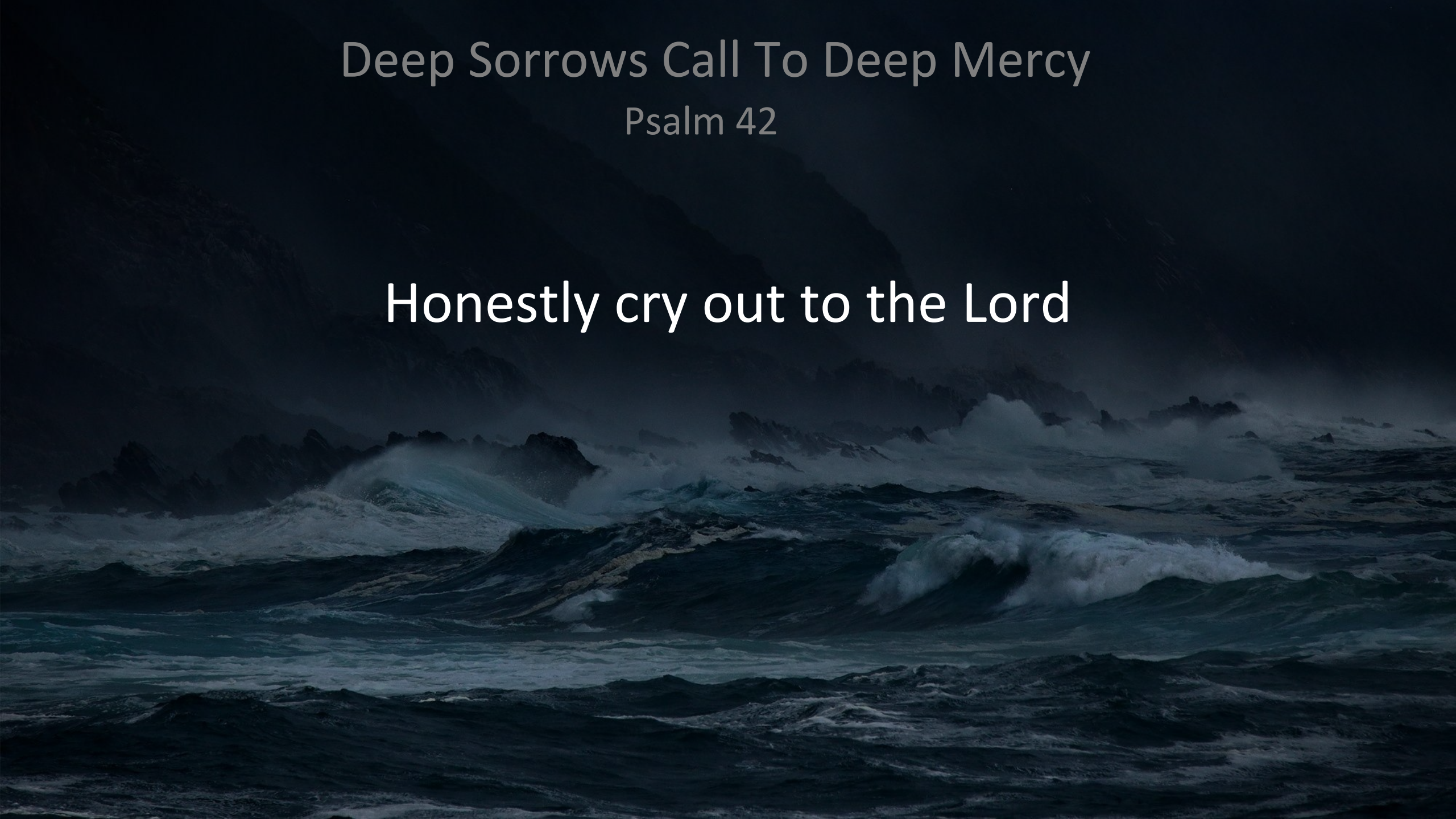
It's an experience of despair described best as dying of thirst, while being consumed by and consuming sorrow, and fainting for some assurance of the abiding presence of God.



# Deep Sorrows Call To Deep Mercy

Psalm 42

Honestly cry out to the Lord



<sup>4</sup> These things I remember and I pour out my soul within me.  
For I used to go along with the throng  
and lead them in procession to the house of God,  
With the voice of joy and thanksgiving, a multitude keeping festival.



# Deep Sorrows Call To Deep Mercy

Psalm 42

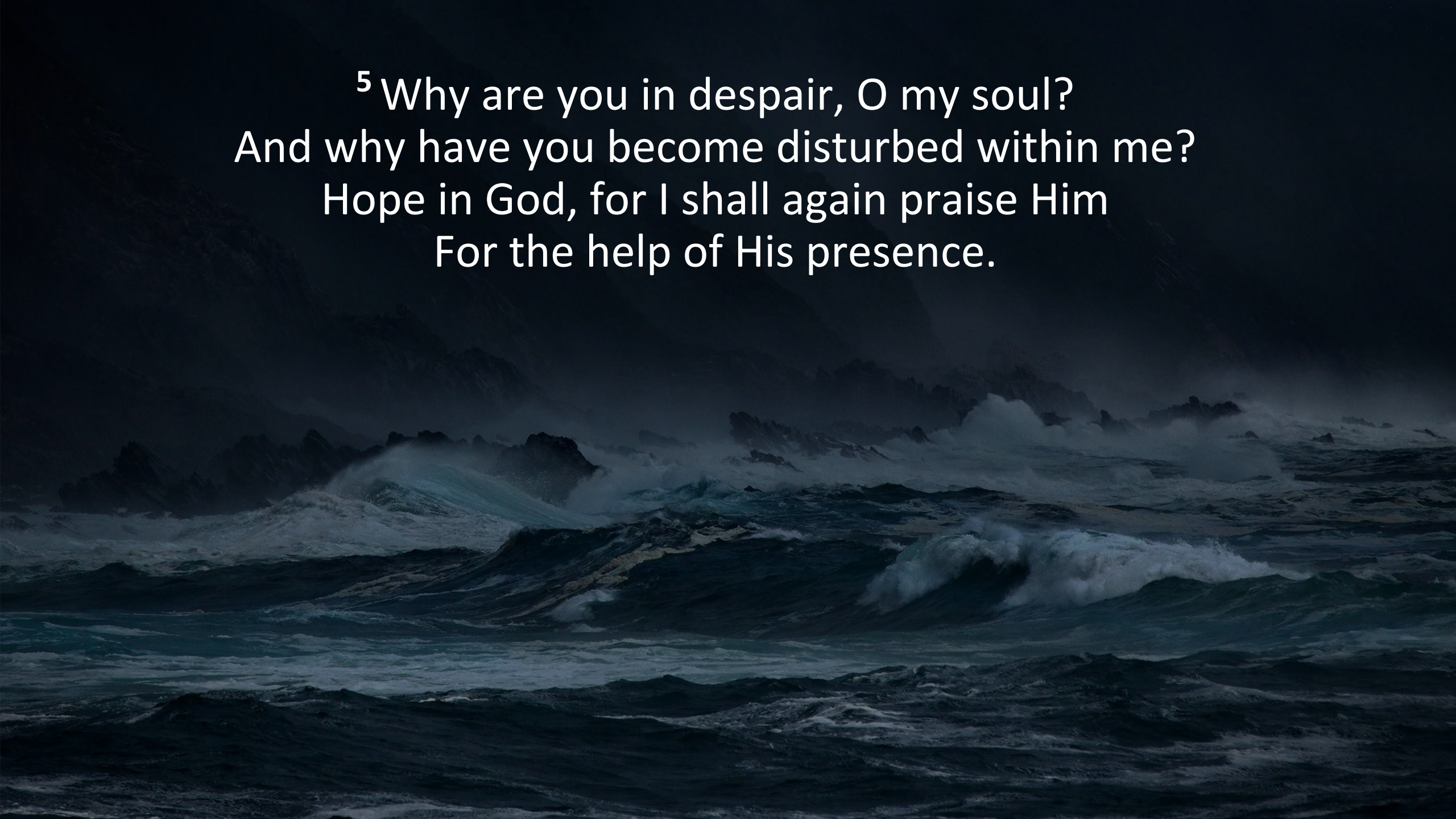
Honestly cry out to the Lord

**Remember that Joy is possible**





<sup>5</sup> Why are you in despair, O my soul?  
And why have you become disturbed within me?  
Hope in God, for I shall again praise Him  
For the help of His presence.



# Deep Sorrows Call To Deep Mercy

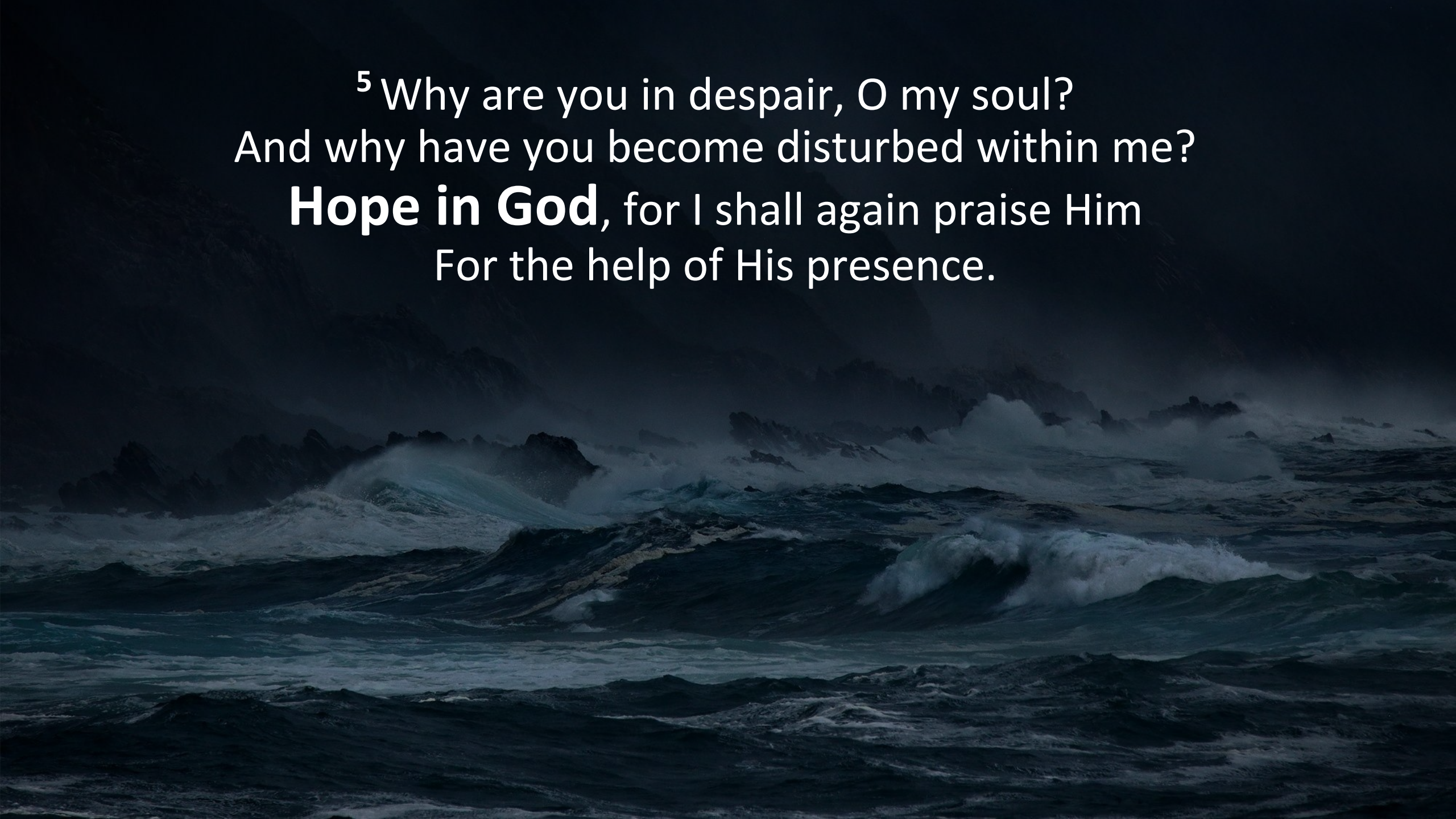
Psalm 42

Honestly cry out to the Lord

Remember that Joy is possible

**Stop Listening to yourself, start preaching to yourself**





<sup>5</sup> Why are you in despair, O my soul?  
And why have you become disturbed within me?  
**Hope in God**, for I shall again praise Him  
For the help of His presence.

# Deep Sorrows Call To Deep Mercy

Psalm 42

Honestly cry out to the Lord

Remember that Joy is possible

**Stop Listening to yourself, start preaching to yourself**



<sup>6</sup> O my God, my soul is in despair within me;  
Therefore I remember You from the land of the Jordan  
And the peaks of Hermon, from Mount Mizar.



# Deep Sorrows Call To Deep Mercy

Psalm 42

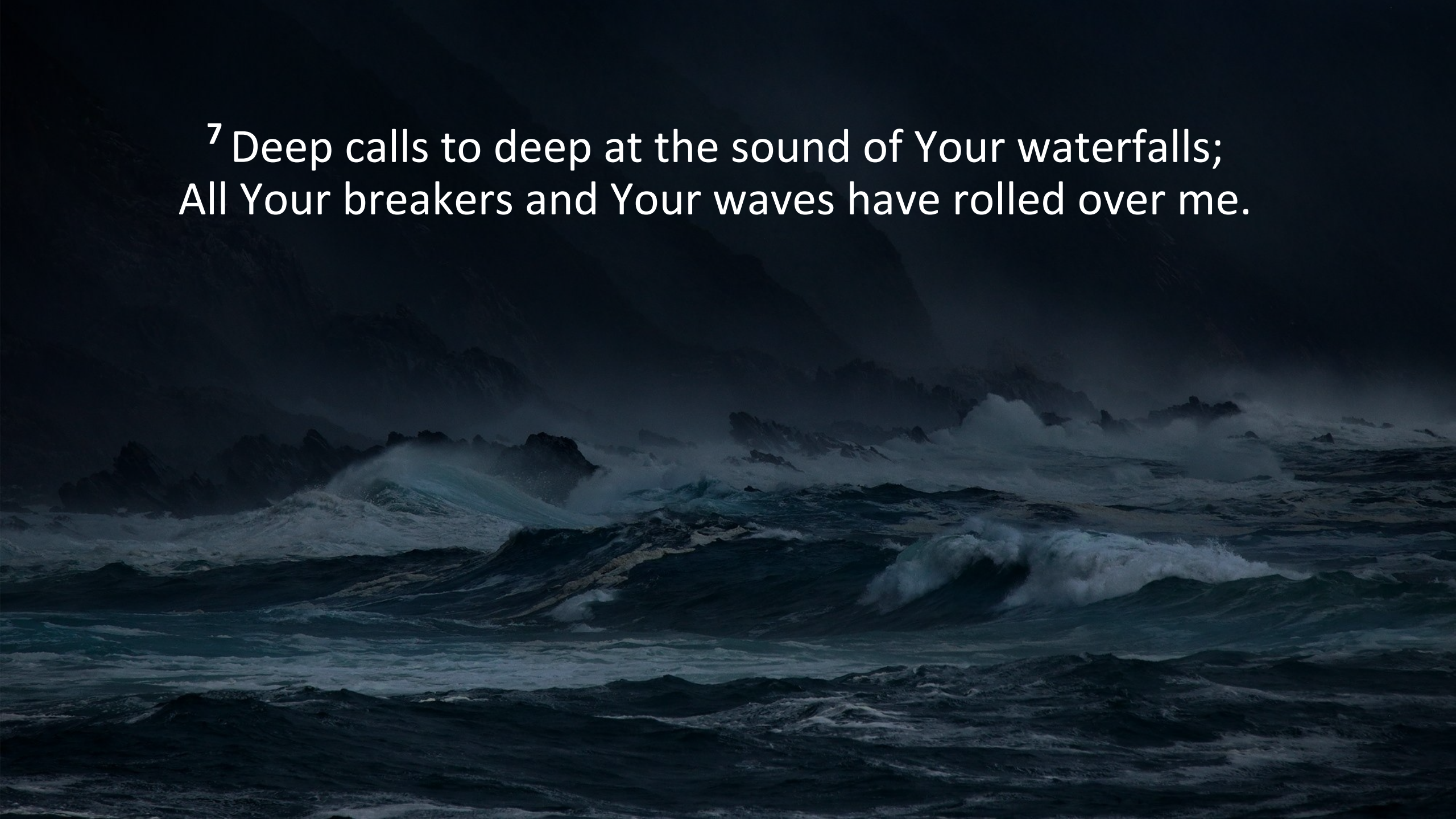
Honestly cry out to the Lord

Remember that Joy is possible

Stop Listening to yourself, start preaching to yourself

**Remember God & His Faithfulness... Remember The  
Cross**

<sup>7</sup> Deep calls to deep at the sound of Your waterfalls;  
All Your breakers and Your waves have rolled over me.



# Deep Sorrows Call To Deep Mercy

Psalm 42

Honestly cry out to the Lord

Remember that Joy is possible

Stop Listening to yourself, start preaching to yourself

Remember God & His Faithfulness... Remember The Cross

**Expect deep mercy in the midst of deep sorrow**



No matter what the cause of your depression may be,  
and no matter how severe it may be,  
The Lord instructs you to *honestly cry out* to Him,  
to *remember* who He is and what He's done,  
and to *anticipate* that He has and will deliver you.





# Deep Sorrows Call To Deep Mercy

Psalm 42