

David's Great Thanksgiving

Psalm 30:1-12

Psalm 30:1-3

A Psalm; a Song at the Dedication of the House.

A Psalm of David.

I will extol You, O LORD, for You have lifted me up,
And have not let my enemies rejoice over me.

O LORD my God,

I cried to You for help, and You healed me.

O LORD, You have brought up my soul from Sheol;
You have kept me alive, that I would not go down to the pit.

Psalm 30:4-5

Sing praise to the LORD, you His godly ones,
And give thanks to His holy name.
For His anger is but for a moment,
His favor is for a lifetime;
Weeping may last for the night,
But a shout of joy comes in the morning.

Psalm 30:6-9

Now as for me, I said in my prosperity,
“I will never be moved.”

O LORD, by Your favor You have made my mountain
to stand strong;

You hid Your face, I was dismayed.

To You, O LORD, I called,

And to the Lord I made supplication:

What profit is there in my blood, if I go down to the pit?
Will the dust praise You? Will it declare Your faithfulness?

Psalm 30:10-12

“Hear, O LORD, and be gracious to me;
O LORD, be my helper.”

You have turned for me my mourning into dancing;
You have loosed my sackcloth and girded me with gladness,
That my soul may sing praise to You and not be silent.
O LORD my God, I will give thanks to You forever.

Main Point

We too have great reason for great thanksgiving when we consider God's great mercy and grace toward us despite our great sin.

A sunset over a field of grain, with a large, semi-transparent diamond shape overlaid on the image. The sky transitions from a deep blue at the top to a bright orange and yellow near the horizon. The foreground shows the silhouettes of grain stalks.

David's Great Thanksgiving

The Circumstances of David's Demise

Psalm 30:1-3

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And have not let my enemies rejoice over me.

O LORD my God,

I cried to You for help, and You healed me.

O LORD, You have brought up my soul from Sheol;
You have kept me alive, that I would not go down to the pit.

What had happened?

In the latter years of his reign, after much conquest and prosperous development, David numbered his armies so as to reassure himself of his great military might; and God severely disciplined him and the nation for it.

(2 Samuel 24; 1 Chronicles 21)

The Circumstances of David's Demise

David's inward turn

Psalm 30:6-7

Now as for me, I said in my prosperity,
“I will never be moved.”

O LORD, by Your favor You have made my mountain
to stand strong...

Psalm 30:6-7

Now as for me, **I said in my prosperity,**

“I will never be moved.”

O LORD, by Your favor You have made my mountain
to stand strong...

Psalm 30:6-7

Now as for me, I said in my prosperity,

“I will never be moved.”

O LORD, by Your favor You have made my mountain
to stand strong...

Psalm 30:6-7

Now as for me, I said in my prosperity,
“I will never be moved.”

**O LORD, by Your favor You have
made my mountain
to stand strong...**

David knew that his strength and prosperity had come from the LORD; nevertheless, he turned away from Him and turned in on himself.

Like David, we are tempted to turn away from the Lord and turn in on ourselves.

The Circumstances of David's Demise

David's inward turn

The LORD's judgment and discipline

Psalm 30:6-7

Now as for me, **I said in my prosperity,**
“I will never be moved.”

Psalm 10:6

The wicked...says to himself,
“I will not be moved”

Psalm 30:6-7

Now as for me, I said in my prosperity,
“I will never be moved.”

**...You hid Your face, I was
dismayed.**

2 Samuel 24:15

So the LORD sent a pestilence upon Israel from the morning until the appointed time, and seventy thousand men of the people from Dan to Beersheba died.

This was severe discipline for David, but it was judgment on the nation.

2 Samuel 24:1

Now again the anger of the LORD burned against Israel...

This is difficult for us.

But...

Psalm 119:75

I know, O LORD, that Your judgments are righteous,
And that in faithfulness You have afflicted me.

Hebrews 12:6

“For those whom the Lord loves He disciplines,
And He scourges every son whom He receives.”

**How you think of God’s judgments and
discipline will determine your responses.**

The Circumstances of David's Demise

David's inward turn

The LORD's judgment and discipline

David's repentance and cry for help

2 Samuel 24:10

Now David's heart troubled him after he had numbered the people. So David said to the LORD,
"I have sinned greatly in what I have done.
But now, O LORD, please take away the iniquity of Your servant,
for I have acted very foolishly."

2 Samuel 24:14

Then David said to Gad, "I am in great distress. Let us now fall into the hand of the LORD for His mercies are great,
but do not let me fall into the hand of man."

Psalm 30:2

O LORD my God, **I cried to You for help.**

Psalm 30:8-10

To You, O LORD, I called,

And to the Lord I made supplication:

What profit is there in my blood, if I go down to the pit?
Will the dust praise You? Will it declare Your faithfulness?

“Hear, O LORD, and be gracious to me;
O LORD, be my helper.”

David's response was due to a proper understanding of his sin and of God's judgments.

His repentance was without qualification and without regret.

2 Samuel 24:17

David...said, “Behold, **it is I who have sinned**, and it is I who have done wrong; but these sheep, what have they done? Please let Your hand be against me and against my father’s house.”

2 Samuel 24:18-19

So Gad came to David that day and said to him, “Go up, erect an altar to the LORD on the threshing floor of Araunah the Jebusite.”

David went up according to the word of Gad, just as the LORD had commanded.

2 Samuel 24:17

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So Gad came to David that day and said to him,
"Go up, erect an altar to the LORD on the threshing floor
of Araunah the Jebusite."

**David went up according to the word of Gad,
just as the LORD had commanded.**

Though none of us have numbered nations,
yet we share in David's circumstances:

We have all turned in on ourselves.

We all deserve judgment and need discipline.

The question is,
How will we respond?

David's Great Thanksgiving

The Circumstances of David's Demise

The Cause of David's Exultation

The Cause of David's Exultation

His experience of God's
merciful deliverance

Psalm 30:1-3

I will extol You, O LORD, for You have lifted me up,
And have not let my enemies rejoice over me.

O LORD my God,

I cried to You for help, and You healed me.

O LORD, You have brought up my soul from Sheol;
You have kept me alive, that I would not go down to the pit.

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O LORD my God,

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You have kept me alive, that I would not go down to the pit.

God's Deliverance

Psalm 30:1-3

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And have not let my enemies rejoice over me.

O LORD my God,

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O LORD, You have brought up my soul from Sheol;

You have kept me alive, that I would not go down to the pit.

God's Merciful Deliverance

Psalm 30:1-3

I will extol You, O LORD, for You have lifted me up,
And have not let my enemies rejoice over me.
O LORD my God,

**I cried to You for help, and You
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O LORD, You have brought up my soul from Sheol;
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O LORD my God,
I cried to You for help, and You healed me.

O LORD, **You have brought up my soul from Sheol;
You have kept me alive, that I would not go
down to the pit.**

David exulted because God, in His great mercy, had delivered him from destruction and had even rescued him from the shame of enemies who stood ready to gloat.

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Psalm 30:1-3

I will extol You, O LORD, for You have lifted me up,

**And have not let my enemies
rejoice over me.**

O LORD my God,

I cried to You for help, and You healed me.

O LORD, You have brought up my soul from Sheol;

You have kept me alive, that I would not go down to the pit.

If you are trusting Christ, you too
have cause for exultation because
He has delivered you from
destruction and from the everlasting
shame of sin and death.

This is Grace!

Psalm 30:10-12

“Hear, O LORD, and **be gracious to me;**
O LORD, be my helper.”

This is Mercy!

Psalm 30:10-12

“Hear, O LORD, and be gracious to me;

O LORD, **be my helper.**”

Psalm 30:11-12

You have turned for me my mourning into dancing;
You have loosed my sackcloth and girded me with gladness.

This is great cause for great exultation!

That my soul may sing praise to You and not be silent.

O LORD my God, I will give thanks to You forever.

When we remember our great sin
and consider God's great mercy,
we have great cause for exultation!

The Cause of David's Exultation

His experience of God's merciful deliverance

His expectation of God's
everlasting favor

Psalm 30:4-5

Sing praise to the LORD, you His godly ones,
And give thanks to His holy name.
For His anger is but for a moment,
His favor is for a lifetime;
Weeping may last for the night,
But a shout of joy comes in the morning.

Psalm 30:4-5

Sing praise to the LORD, **you His godly ones,**

And give thanks to His holy name.
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And give thanks **to His holy name.**

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And give thanks to His holy name.
For His anger is but for a moment,

His favor is for a lifetime;

Weeping may last for the night,

But **a shout of joy comes in the morning.**

When moments of affliction come
or evenings of sadness darken our hearts,
we can lay these alongside our
expectation of eternal comfort and joy
and find great cause for great exultation.

2 Corinthians 4:17-18

For momentary, light affliction is producing for us an eternal weight of glory far beyond all comparison...

...while we look not at the things which are seen,
but at the things which are not seen;
for the things which are seen are temporal,
but the things which are not seen are eternal.

What are you looking at?

The Cause of David's Exultation

His experience of God's merciful deliverance

His expectation of God's everlasting favor

**His faith in God's
infallible faithfulness**

Psalm 30

*A Psalm; a Song at the Dedication of the House.
A Psalm of David.*

2 Samuel 24:18-19

So Gad came to David that day and said to him,
“Go up, erect an altar to the LORD on the threshing floor
of Araunah the Jebusite.”

David went up according to the word of Gad,
just as the LORD had commanded.

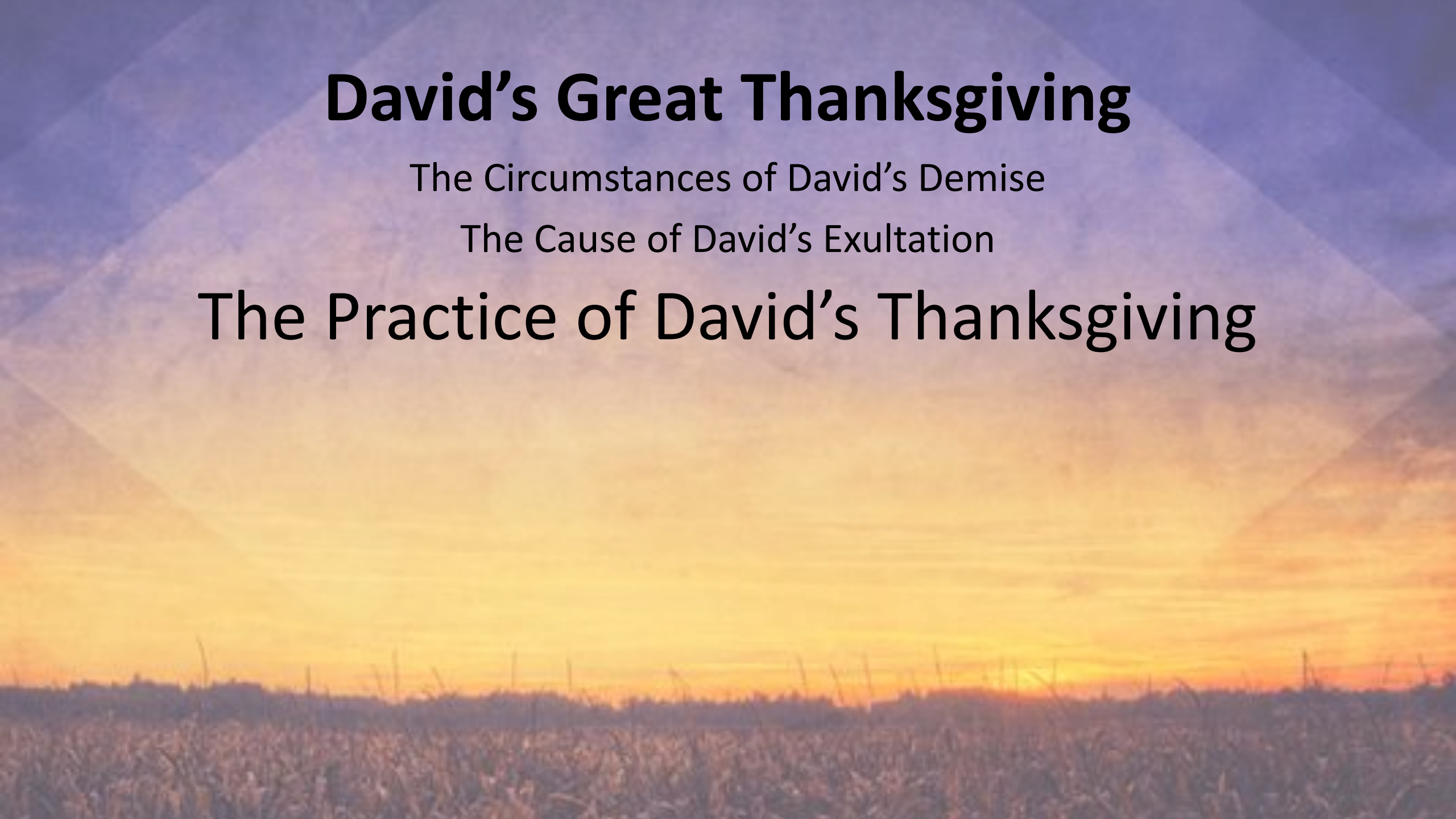
David knew that he would not see this house of the LORD in his lifetime, yet he wrote a song of dedication and exultation as an exercise of faith in God's faithfulness.

David's Great Thanksgiving

The Circumstances of David's Demise

The Cause of David's Exultation

The Practice of David's Thanksgiving



The Practice of David's Thanksgiving

Enthusiastic praise

Psalm 30:1

I will **extol** You, O LORD...

To extol is to enthusiastically
lift up or praise.

Vs. 4 **Sing praise** to the LORD, you His godly ones...

Vs. 12 That my soul may **sing praise** to You
and not be silent.

Ephesians 5:18-19

...be filled with the Spirit, speaking to one another
in psalms and hymns and spiritual songs,
singing and making melody with your heart to the Lord.

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in psalms and hymns and spiritual songs,

**singing and making melody with
your heart to the Lord.**

The inclination of the heart to sing praise to God is a manifestation of the Spirit's activity as He helps us to see and understand the magnitude of our great salvation.

The Practice of David's Thanksgiving

Enthusiastic praise

Expressive gratitude

Psalm 30:4 and 12

Sing praise to the LORD, you His godly ones,

And give thanks to His holy name.

O LORD my God, **I will give thanks** to You forever.

The Hebrew word literally referred to
throwing out one's hands in worship.

Thanksgiving is an outward
expression of an inward confession
that God is good and does good...

Always!

Ephesians 5:20

...always giving thanks for all things in the name
of our Lord Jesus Christ to God, even the Father.

1 Thessalonians 5:18

In everything give thanks;
for this is God's will for you in Christ Jesus.

Can you say with David...

“You are good and do good...”

“It is good for me that I was afflicted.”

Psalm 119:68 and 71

The true test of a grateful heart
is not whether thanks is given
in times of abundance but whether
it continues in times of adversity.

Job 1:10

“Shall we indeed accept good from God
and not accept adversity?”

Concluding Questions:

Is your normal disposition gratitude and your outward expression thanksgiving?

Are your eyes fixed on the moment or on Christ and an expectation of His everlasting favor?

This is the fountain of thanksgiving!