

# Helping Others Change

## Week 10-Discovering Where Change is Needed

### Group Discussion

1. Last week we focused on the fact that good questions can be used as a tool to cause relationships to go below the surface. How can good questions do this practically? Do you see the benefit in composing good questions to others?
2. What is your biggest hindrance in developing relationships at church that go below the surface?

### Review

### Week 10

3. Making Sense of the Data
4. Organizing the Information Biblically

## 5. Four Categories of Information

- a. The Situation
- b. The Responses
- c. The Thoughts
- d. The Motives

## 6. Practice:

- a. One of the men of your church comes to you and tells you that he has had it with his wife. He says that she is always critical of him and that he has done nothing to deserve it. He tells you that he is sick of being married to such a negative woman and that he doesn't want to spend time at home anymore, so he stays late at work and goes out with his friends whenever he gets the chance. He says that he wants you to fix her or he is going to leave her.
  - i. How can you organize this into the four categories provided?
  - ii. After organizing, what are some good questions you could ask of him that would help you get to know him and the situation better before responding? (What, Why, How, open-ended questions from last week)?
- b. A fellow member comes to you on Sunday morning and is obviously upset about something. They start complaining that they are NEVER included with the other mom's when they organize play dates and different outings. She says that she comes into church on Sunday mornings and only the greeters talk to her on her way in and out. She tells you that she feels like an outsider and that no one really knows her at church. She says that the church is cold and not welcoming, so she is going to start looking for another church that would be more accepting of her.
  - i. How can you organize this into the four categories provided?
  - ii. After organizing, what are some good questions you could ask of him that would help you get to know him and the situation better before responding? (What, Why, How, open-ended questions from last week)?